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| **Topic: Food and Nutrition** | **Year group** | **Term** |
| **Design, make and evaluate** a fruit kebab for you to eat at the class party | Year 2 | 5 sessions |

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| **Background knowledge** |
| Fruits come from all over the world, some are grown naturally in this country like apples, pears, berries and plums. Others have to be grown in special greenhouses/ conditions or come from other countries such as oranges (Spain/ America), bananas (South Africa/ Africa), mango (Asia), Kiwi (New Zealand), grapes (Europe) |

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| **What should I already know?** |
| * The names of some vegetables and food types. * Some experience of growing foods in Reception – beans, potatoes and strawberries. * Experience of common fruit and vegetables under taking sensory activities * Experiences of cutting soft fruit and vegetables using appropriate utensils |

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| **National Curriculum links** |
| **Designing**   * Design appealing products for a particular user based on a simple design criteria * Generate initial ideas and design criteria through investigating a variety of fruit and vegetables * Communicate these ideas through talk and drawing   **Making**   * Use simple utensils and equipment to eg. peel, cut, slice, squeeze, grate and chop safely * Select from a range of fruit and vegetables according to their characteristics eg. colour, texture and taste to create a chosen product   **Evaluating**   * Taste and evaluate a range of fruit and vegetables to determine the intended users preferences * Evaluate ideas and finished products against design criteria including indented user and purpose   **Technical knowledge and understanding**   * Understand where a range of fruit and vegetables come from eg. Farmed, home grown * Understand and use basic principles of a healthy and varied diet to prepare dishes, including fruit and vegetables are part of The eat well plate * Know and use technical vocabulary relevant to the projects |

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| **Key Skills** | **The Journey** |
| **As a year 2 desiner KPI**   * I know where a range of food comes from. * I can show some understanding of what seasonality means. * I can evaluate existing products to say what is good and bad * I can think about the ingredients and flavours when I plan my design. * I can show that I know how to work safely to cut, chop, peel and prepare healthy foods. I can cut and prepare food safely and hygienically * I can evaluate my product | 1. **WALT – Investigate where our favourite fruits come from -**To know that fruit is grown all over the world and can vary in each country dependent on weather and many other factors. To be able to name some fruit grown here in the UK and when it can be harvested 2. **WALT: To describe taste and texture of different fruits and give their opinions on likes and dislikes.** As a class discuss thee taste, smell, texture and appearance. Describe through talking and drawing using key vocabulary 3. **WALT: Design a fruit kebab recipe**. Ask the children to think about what flavours they enjoyed and think would go together. Recap the importance of food hygiene, health and safety. Recap these skills and teach any new skills. 4. **WALT: Make a fruit kebab.** Talk to the children about the stages of making, considering utensils and the poof processes that they have learnt 5. **WALT: To evaluate their product** to assess their product against the success criteria made by the class. |

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| **Key Vocabulary** | **Timeline / Diagrams** |
| **Taste** – the flavour of a food.  **Fruit** – a food that grows on trees or plants  **Seasonal**- Things grown in a specific season  **Texture** – the way a food feels  **Skewer** – a wooden stick  **Chop** – to cut into smaller pieces.  **Peel** – to remove the skin of a food  **Grow** – to go from a seed to a fruity or vegetable  **Knife –** a sharp utensil used to chop  **Chopping board** – a board for cutting foods  **Soft -**  not firm or hard  **Juicy -**  having a great amount of juice  **Crunchy -**  having a great amount of juice  **Sweet -**  having a taste like that of sugar or honey; not bitter, salty, or sour  **Sticky -**  ending to stick to or hold on to something when touched  **Sour-**  ending to stick to or hold on to something when touched | Rainbow fruit kebabs    Fruit definition and meaning | Collins English Dictionary  1,233 Child Cutting Fruit Photos - Free &amp; Royalty-Free Stock Photos from  Dreamstime  Fruit Tree Problems - Why Fruit Stays Small Or Drops From Tree |

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| **Outcomes** |
| **An overview of what children will know / can do**  **Working towards**: I can prepare and chop fruit safely  **Expected:** I can design and make a fruit kebab, using my knowledge and opinion on fruit.  **Exceeding:** I can design and make a fruit kebab, making careful choices that I can justify to others. |

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| Key people / places |
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| Resources |
| Fruit and vegetable names Chopping boards Knives  Peelers Graters Skewers  Juicers Spoons Jugs  Plates Bowls Aprons  Plastic table covers Hand washing and washing up facilities |

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| Assessment questions / outcomes |
| Can you identify the fruit?  Can you name some fruit grown in summer in the UK?  Can you name some fruit from other countries?  Can you say how to chop foods safely?  Can you explain why you’ve chosen these ingredients for your fruit kebabs?  Did you like your kebab?  What would you change?  Did it match your design? |