



Keeping your child safe online

Here are some top tips for keeping your child safe online.

- Know what your children are doing online and who they are communicating with. Get them to teach you how new apps work.
- Help your child to understand that they should not give out personal details to online 'friends'. This includes email addresses mobile phone numbers, photos of themselves, family or friends.
- Help your child become a good 'Digital citizen', ensuring that they act respectfully and responsibly online.
- Remind them that any photographs or information that they upload may be altered or shared by other people, sometimes without them knowing. Once this information is 'out there' it is almost impossible to remove it and may be viewed in the future by unknown persons or even potential employers.
- If your child receives junk or spam email or texts, remind them never to reply to them or use them as they may contain harmful viruses or files, or even worse, inappropriate images
- Help your children understand that some people online are not who they say they are. They should never arrange to meet anyone that they have only met online without agreeing it with you
- Always keep lines of communication open so that your child knows that it is never too late to tell someone if they feel uncomfortable
- Ensure that you and your child know how to report or block someone who behaves inappropriately
- Have a look at our other helpful information on the website relating to e-safety.